

# The Nature Coast Volunteer Center

is hosting a



## Healthy Food Drive



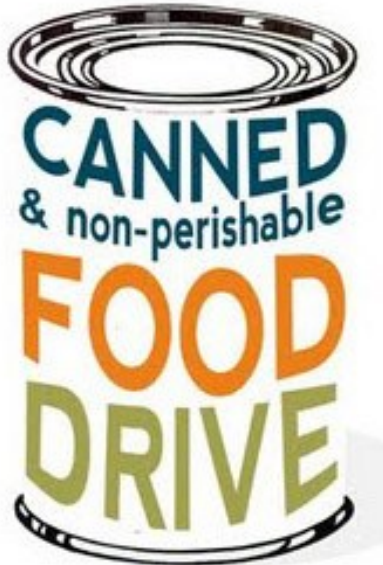
in honor of

## Dr. Martin Luther King, Jr.

**Donations will be collected Dec. 18, 2017 through Jan. 15, 2018**

Our local food pantries often find their stock of non-perishable food items depleted after the holidays. The Nature Coast Volunteer Center and Retired & Senior Volunteer Program is holding a food drive in honor of Martin Luther King, Jr., who once asked “What are you doing for others?” Our goal is to help our local food pantries serve the citizens of Citrus County by providing nutritional food for their families.

**All donations should be in cans, boxes, plastic containers or sealed packages.**



Suggested donations include:

- ✓ Peanut Butter
- ✓ Whole Grain Pasta
- ✓ Pasta Sauces
- ✓ Whole Grain Oats and Cereal
- ✓ Brown Rice
- ✓ Canned Tuna & Chicken *in water*
- ✓ Canned Fruits *in natural juices*
- ✓ Canned Vegetables *in water*
- ✓ Canned Soup (*low sodium preferred*)

The public is welcome to join us from 10:00 am – Noon on Tuesday, January 16th at the Central Ridge Community Center to sort, count and pack the non-perishables that will go out to our local pantries. There will be light refreshments at the event, and you are encouraged to register ahead of time. Organizers of this special Day of Service are Nature Coast Volunteer Center, Retired & Senior Volunteer Program, and the Board of County Commissioners. For more information or to register for the event, please contact the Nature Coast Volunteer Center at (352)527-5959 or via e-mail at [ncvc@citrusbocc.com](mailto:ncvc@citrusbocc.com).



Nature Coast  
Volunteer Center

